FODM STANDARD TRAIL DESCRIPTIONS

Standard information for all hikes is as follows: Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates:

We adjust/tweak examples: bird walks have binoculars, full moon has flashlights & black lights, shorter walks have 1 liter water, dogs permitted or not, etc.

<u>Art Smith Trail</u> (approved CVMSHCP) (seasonal closure 6/1 thru 9/30 from HCT to Dunn)

Our docents will take you on a guided hike through the Santa Rosa & San Jacinto Mountains National Monument! You will see excellent views of the Coachella Valley and learn the history of the area. You will see many unique desert plants and learn how they survive the long hot summers. There are lizards and animals on the trail including a chance to see the endangered Peninsular bighorn sheep with one of their newborn lambs. The trail is about 2 feet wide with some cobble. The distance may be 3-4 miles with elevation gain of 500 to 850 feet. *This hike is considered strenuous*. Bring 2 liters of water, snacks, wear closed-toed shoes, a sun hat and sunscreen. Sorry, no dogs allowed on this trail. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. Your tax deductible, suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: We will meet at the Art Smith Trailhead parking lot located just past the driveway for the Visitor Center approximately 100 feet on the southwest side of Highway 74. Click here for map/UTM coordinates: <u>33.66797</u>. <u>-116.40766</u>

OR (Select the location you will be using)

Note: We will meet in the Randall Henderson Trailhead parking area at the Visitor Center. Click here for map/UTM'S coordinates: <u>33.670193, -116.406895</u>

Birding Walk-About, Demuth Park

Join a Friends' volunteer docent birding expert to look for our feathered desert residents. Demuth Park is a rare location that provides terrific birding opportunities as it is a park with lots of trees, water and a paved walkway. A great place to see a good variety, approximately 25 species, of birds from migrating warblers to water fowl. Come spend a little time on your morning walk through the park looking at beautiful mountain vistas, watching the birds and enjoying the sunshine. Sorry, no dogs are allowed for this event. Bring your binoculars, 1 liter of water, a sun hat, sunscreen and wear close-toed shoes. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact Friends of the Desert Mountains 760-568-9918. Note: We will meet in the last parking lot near the Community Center. Located at Mesquite Avenue and Nueva Vista Drive. Click here for map/UTM coordinates: <u>33.808259, -116.505915</u>

Birding Walk-About, Desert Willow

Grab your binoculars and join a Friends' volunteer docent birding expert to look for our feathered desert residents. In this unique urban area, we are still able to find a little native desert environment surrounded by local trees and shrubs that many of our feathered friends call home. As you walk on the sidewalk adjacent to the golf course, you will find approximately 25-30 different species on your 2-mile walk-about. This is truly a "jewel in the desert" location to be enjoyed. Sorry, no dogs allowed for this event. Bring your binoculars, 1 liter of water, a sun hat, sunscreen and wear

close-toed shoes. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. Note: We will meet in the parking lot on the right side of Desert Willow Drive just before entering the golf club. For more information contact Friends of the Desert Mountains 760-568-9918. Click here for map/UTM coordinates: <u>33.76136, -116.36143</u>

Birding Walk-About, Visitor Center (approved CVMSHCP)

Our experienced Friends' volunteer birding docent will share interesting facts about the Coachella Valley native species and other migratory birds found in the National Monument. We begin the search for our feathered friends in their native desert habitat at the new observation area. Then onto the Ed Hastey Garden Walk (paved) and tortoise habitat areas. From the parking area, we will take a short walk to the Randall Henderson Trail to check out the lower sandy wash area where other birds may be found. Bring your binoculars, 1 liter of water, sun hat, sunscreen, and camera. Sorry, no dogs allowed on this trail. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates for the Visitor Center: <u>33.67149, -116.40839</u>

<u>Cactus Springs Trail to Dolomite Mine and Horsethief Creek Hike (approved CVMSHCP)</u>

During 2021, this area was ravaged by a wildfire. Friends' volunteer docents will discuss fire ecology and how flora and fauna are reclaiming this area. The forested area was important to the Cahuilla people who lived off the land and more recently played a role in the mining history of the National Monument's land. This unique hiking opportunity offers a short 2.5-mile hike to the site of an old dolomite mine. If interested in hiking further, a longer 5-mile round trip hike to Horsethief Creek will be offered. This moderate hike follows an ancient Cahuilla path from the mountains to the desert floor and involves an elevation change of 850 feet. This trail is friendly to dogs on a leash. Bring 2 liters of water, a sun hat, sunscreen and wear close-toed shoes. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: We will meet in the Sawmill Trail parking lot. Click here for map/UTM coordinates: <u>33.57995, -116.45056</u>

Cahuilla Tewanet Overlook (interpretative site)

<u>Sharen's</u> - We begin at the Cahuilla Tewanet Overlook for a short interpretive walk in the Upper Sonoran life zone. You will enjoy the beautiful vistas as you learn about Cahuilla life and their usage of plants. Extend your journey as we travel up Highway 74 to the northern crossing of the Pacific Crest Trail. A short hike in this Transition Zone helps you to compare plant and animal life here, to that in the other life zones. If time permits, you can enjoy an optional lunch at the nearby Paradise Cafe or Sugarloaf Cafe. This trail is friendly to dogs on a leash. Bring 1 liter of water, a sun hat, sunscreen and wear close-toed shoes. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.58597, -116.42604</u>

<u>Susan's</u> – The Overlook is dedicated to Cahuilla People. The Cahuilla were hunter/gatherers who lived off the land. They found many uses for the various plants, especially spring wildflowers. How has current climate changes affected the area? Fire ecology and more. This trail is friendly to dogs on a leash. Bring 1 liter of water, a sun hat, sunscreen and wear close-toed shoes. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is

appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.58597, -116.42604</u>

Carrizo Canyon, Opening Day (approved CVMSHCP)

The Carrizo Canyon Ecological Preserve opens for the season on October 1st. This docent led hike takes you into a canyon that provides a chance to see the endangered Peninsular Bighorn Sheep and other desert critters, learn about the geology of the area and a great outdoor experience close to downtown Palm Desert. This trail is in a sandy wash with uneven terrain. As the canyon narrows there will be some rocks and small boulders to hike around and step over. Hike rating is easy, approximately 3 miles round trip. Elevation gain is approximately 300 feet. Bring snacks and 2 liters of water per person. Wear close-toed shoes, sun hat and sunscreen. Sorry no dogs are allowed on this trail. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: We will meet at the Art Smith Trailhead parking lot located just past the driveway for the Visitor Center approximately 100 feet on the southwest side of Highway 74. Click here for map/UTM coordinates: <u>33.66797, -116.40766</u>

Carrizo Canyon (approved CVMSHCP)

Carrizo Canyon is open October through December and provides wonderful opportunities to see the endangered Peninsular Bighorn Sheep and many other desert critters. You will learn about the geology of the area and a great outdoor experience close to downtown Palm Desert. This trail is in a sandy wash with uneven terrain. As the canyon narrows there will be some rocks and small boulders to hike around and step over. Hike rating is easy, approximately 3 miles round trip. Elevation gain is approximately 300 feet. Bring snacks and 2 liters of water per person. Wear close-toed shoes, sun hat and sunscreen. Sorry no dogs are allowed on this trail. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: We will meet at the Art Smith Trailhead parking lot located just past the driveway for the Visitor Center approximately 100 feet on the southwest side of Highway 74. Click here for map/UTM coordinates: <u>33.66797, -116.40766</u>

<u>Cedar Springs Trail</u> (needs BLM approval) (not in CVMSHCP boundary)

The 4-mile drive along Morris Ranch Road off Highway 74 offers some wonderful views of Garner Valley before finding parking along the side of the road with a short walk to the trail head. This easy trail, begins at 5,760-foot elevation, leads up through a meadow, before coming to a forested area filled with mature oaks. We will walk about 2 miles to the beginning of the switchbacks. This will be the turn-around location before heading back for a total of 4 miles. This trail is friendly to dogs on a leash. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.653020, -116.589656</u>

Chuckwalla Trail (needs BLM approval) (not in CVMSHCP boundary)

This trail meanders through the rolling foothills of the Santa Rosa Mountains above Rancho Mirage and Cathedral Canyon. You may see a few wildflowers along the trail. There are many other unique desert plants. You will learn about their adaptations to the desert and summertime survival techniques. Our volunteer docents will share information about the National Monument and some local history. This trail is friendly to dogs on a leash. The distance is 3 miles on a 2 feet wide trail with cobble desert terrain and an elevation gain of 400 feet. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation

of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.771071, -116.448379</u>

<u>Cottonwood Canyon Trail Hike</u> (unofficial name see listing under PCT below)

Dead Indian Canyon (approved CVMSHCP)

Dead Indian canyon is only open from October through December and provides wonderful opportunities to see the endangered Peninsular Bighorn Sheep and many other desert critters. You will learn about the geology of the area and a great outdoor experience close to downtown Palm Desert. This trail traverses a sandy wash with uneven terrain with cobble (small rocks). Hike rating is easy, approximately 2 miles round trip. Elevation gain is approximately 200 feet. Sorry no dogs are allowed on this trail. Bring snacks and 1 liter of water per person. Wear close-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: We will meet at the Art Smith Trailhead parking lot located just past the driveway for the Visitor Center approximately 100 feet on the southwest side of Highway 74. Click here for map/UTM coordinates: <u>33.66797</u>, <u>-116.40766</u>

Earl Henderson Trail (approved CVMSHCP)

Enjoy this easy hike along the hillside above Araby Wash. Explore the wonders of this critical habitat area to learn about the endangered Casey's June Beetle and fire ecology in this sensitive habitat area. On our return loop, we will wander down into the wash to check out a few desert plants. Sorry, no dogs are allowed on this trail. This is an easy hiking trail. Distance will be about 3 miles. Elevation gain of 100 feet. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. We will meet at the trailhead located off Bogert Trail at Barona Road. Click here for map/UTM coordinates: <u>33.77621, -116.53132</u>

Ed Hastey Garden Walk (approved CVMSHCP) (no donation request allowed)

Enjoy this tour of the Ed Hastey Garden Walk led by Friends' volunteer docent. It is a great introduction to learn about native plants and animals that inhabit our desert. This short, easy walk is suitable for persons of all ages and abilities. The path is paved and 3 feet wide. Sorry, no dogs are allowed on this trail. Recommend one 1 liter of water per person, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.67149</u>, <u>-116.40839</u>

Ernie Maxwell Trail (USFS-San Bernardino National Forest)

This is a moderate hiking trail with elevation beginning at 5,720 feet with a 700-foot elevation gain. Starting at Tahquitz View Drive in Idyllwild, the trail ascends for 2.6 miles crossing seasonal trails mostly shaded by beautiful trees of different species, a botanist's delight! Along the way there are scenic views of the surrounding mountain peaks. This trail is friendly to dogs on a leash. Bring 2 liters of water, a sun hat, sunscreen and wear close-toed shoes. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. We will meet at the lower end of the trail on Tahquitz View Drive. Click here for map/UTM coordinates: <u>33.740200, -116.702479</u>

OR (Select the location you will be using)

We will meet at the upper end of the trail in Humber Park near the Ernie Maxwell trail sign – Adventure Pass is required for parking. Click here for map/UTM coordinates: <u>33.764598, -116.687058</u>

Foothill Trail in the Cove THIS IS NOT AN APPROVED TRAIL- Consider doing Bear Creek Canyon Trail OR Boo Hoff Trail

<u>Frank Bogert Trail</u> (unofficial name see listing under Theilman Trail below)

Garstin Trail (approved CVMSHCP)

Join our Friends' volunteer docent hiking the Garstin trail and getting your daily outdoor exercise. Learn the importance of this critical habitat area for the endangered Casey's June Beetle and other tidbits about Palm Springs history and the National Monument. Hike rating is moderate. Elevation gain is approximately 800 feet and 3 miles roundtrip. Sorry, no dogs are allowed on this trail. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. We will meet at the trailhead located off Bogert Trail at Barona Road. Click here for map/UTM coordinates: <u>33.77621, -116.53132</u>

Herb Jeffries Trail (approved CVMSHCP)

Celebrate Black history month hiking the Herb Jeffries Trail. This urban trail begins on a narrow, uneven, uphill climb and intersects with the Bump-n-Grind. We will loop back on the Hopalong Cassidy Trail. Elevation gain is 650 feet, approximately 2 miles roundtrip. Sorry, no dogs are allowed on this trail. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. We will meet at Cahuilla Hills Park. Click here for map/UTM coordinates: <u>33.714298</u>, <u>-116.400529</u>

Hidden Palms Oasis Trail (Coachella Valley Preserve/Thousand Palms Preserve)

During the springtime this wash area usually has abundant wildflowers. You leave the wash and climb the mud hill to Bee Rock Mesa. From Bee Rock Mesa you have a spectacular view of Salton Sea. The trail is flat until you reach the ravine and hike down into the oasis. Along the way you will find many blooming shrubs. You will enter the oasis to enjoy the many California fan palms and wildlife habitat. You will exit Hidden Palm oasis and follow the sandy wash towards Horseshoe oasis. The trail leads up a steep incline and loops back to the trail. Sorry, no dogs are allowed on this trail. The distance is 3 miles with an elevation gain of 400-feet. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.835341, -116.306906</u>

Indio Hills Badlands Trail (BLM land, non-Monuments)

This trail offers a spectacular loop through a classic badland topography formed by thousands of years of erosion and an active San Andreas Fault. You will hike through slot canyons, in the shadow of tectonic up-tilts, sandy washes, switchbacks, a short but steep incline and along a prominent ridge with a 360-degree view of the Salton Sea to San Gorgonio Mountain. This trail is friendly to dogs on a leash. The distance is 5.5 miles with an elevation gain of 650 feet. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.744235, -116.199386</u>

Jack Shack 2 and Gold Hill Trail (needs BLM approval) (not in CVMSHCP boundary)

We begin at the location of the town known as Kenworthy. Using the old mining road, we will trek to the mine ruins. We will discuss some Cahuilla culture and colorful early pioneer settlers. Can you name a few significant events from the mid-20th century to today that have shaped Garner Valley? This 6.0-mile hike is rated moderately strenuous with an elevation gain of 600 feet. This trail is friendly to dogs on a leash. Bring your camera, wildflower books, picnic lunch, 2 liters of water per person. Wear closed toed hiking boots, sun hat and sunscreen. RSVP is required, and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 is appreciated and encouraged to support our volunteer programs. For more information, contact the Visitor Center at 760-862-9984. Click here for map/UTM's <u>33.606111, -116.604221</u>

Jane's Hoffbrau Oasis (not approved, is a destination. Suggest using McManus trail)

Kim Nicol Trail Hike (BLM land, non-Monuments)

The trail is nestled in the Indio Hills and partially located on an active sand dune. We will be looking for spring wildflowers that only grow in this environment. The area is also home to several species listed on the Coachella Valley Endangered or Threatened list. Fantastic views of Coachella Valley. This trail is friendly to dogs on a leash. The trail is a 5.6-mile loop trail with an elevation gain of 500 feet but we will be hiking about 3-mile. Bring 2 liters of water, snacks, wear closed-toed shoes, a sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. **Note:** we will meet at the Kim Nicol Trailhead parking lot, 20th Avenue and Corkhill Road, Desert Edge. Click here for map/UTM coordinates: <u>33.90392, -116.43985</u>

La Quinta Cove Full Moon Hike (will be doing a different trail on an approved CVMSHCP)

Experience a hike by moonlight! See the beauty of the shadows and wash of moonlight over our mountains. We will be looking for all types of night creatures along the trail. Our astronomers will have their telescope set-up to view the night sky. This is a family friendly easy 3-mile loop hike with 150 feet elevation gain. The trail is 6 feet wide at the beginning and narrows to 2 feet wide with cobbled, uneven desert terrain. Bring 1 liter of water per person, headlamp or flashlight and wear closed-toed shoes. Sorry, no dogs allowed on this trail. Check-in begins 15 minutes prior to your group's departure time. Ticket is required for check-in. Ticket reservations begin 7 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. WE HAVE GROUPS OF 15 PEOPLE LEAVING AT 15 MINUTE INTERVALS. REGISTER FOR THE TIME YOU WANT BELOW. Click here for map/UTM coordinates: <u>33.648969, -116.309324</u>

La Quinta Cove Night Sky Star Observations

Friends of the Desert Mountains volunteer astronomers will be setting up their telescopes inviting you to their "star party". A clear night sky offers an ever-changing display of fascinating objects to see — stars, constellations, bright planets, a full moon, and sometimes special events like meteor showers or an eclipse. While observing the night sky, occasionally we might see the international space station moving over the Coachella Valley. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. Ticket reservations begin 14 days prior to the event. NOTE: CHECK WEATHER BEFORE DEPARTING, THIS EVENT WILL BE CANCELED FOR HEAVY CLOUD COVER, WIND OR RAIN. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.648969, -116.309324</u>

Long Canyon Hike (Sand to Snow Monument)

This is the newest trail to open in the Coachella Valley. The first mile of the trail is in the Sand to Snow Monument. Beginning at mile two of the trail you will be in Joshua Tree National Park. We will explore the area and learn about the Metropolitan Water District and how water is transported to the Los Angeles area. As we enter the wilderness area, we will discuss how the low desert plants have adapted to the higher elevation. This trail is mostly level with gradual elevation gain. Hike rating is easy. We will hike approximately 2 miles and turn back. Bring 2 liters of water, snacks, wear closed-toed shoes, a sun hat and sunscreen. Sorry, no dogs allowed in Joshua Tree National Park. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: we will meet at the Long Canyon Trailhead parking area in Desert Hot Springs. Click here for map/UTM coordinates: <u>33.962520, -116.443808</u>

Martinez Slide (not approved trail for CVMSHCP - destination)

May be used as a volunteer only training hike OR for community science projects

Mission Creek Preserve Trail (Sand to Snow Monument)

Grab your hiking poles and join a Friends' volunteer docent for the Mission Creek Preserve trail. This trail is in the Sand to Snow National Monument created in 2015. We will trek along a riparian area and anticipate seeing an area lush with spring wildflowers. Along the way you may see wonderful views of San Jacinto Mountain and San Gorgonio Mountain. You will learn the early 20th century history of ranching and tourism in the area. This 3.5-mile hike is rated easy with an elevation gain of 125 feet. This trail is friendly to dogs on a leash. Bring your camera, wildflower books, picnic lunch, 2 liters of water per person. Wear closed toed hiking boots, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information call: 760-852-9984. Click here for map/UTM coordinates: <u>34.000769, -116.612462</u>

Monument Night Adventures (approved CVMSHCP)

Discover how the desert comes alive after dark! Do you know which animals change colors when you use a blacklight? Using blacklights, a Friends' volunteer docent will begin a short walk on uneven cobbled desert terrain in the basin below the dike/levy looking for scorpions and other nocturnal creatures that inhabit our desert. This is a family friendly event. Minors must be accompanied by a parent or guardian. Bring water, wear closed-toed shoes and a black light if you have one. If not, we will have a few black lights to share. Sorry, no dogs allowed on this trail. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. We will meet at the Art Smith Trailhead parking lot located just past the driveway for the Visitor Center approximately 100 feet on the southwest side of Highway 74. Click here for map/UTM coordinates: <u>33.66797, -116.40766</u>

Monument Night Adventures Volunteer Training (Advise the correct date/year etc)

Saturday, May 27 will be our first scheduled Monument Night Adventures for 2023. I am so looking forward to providing this family friendly event again. There are many of you who have indicated you would like to be part of this Friends' hike team program. Some of you have helped provide this activity in the past. Yet many of you are new to the Friends' volunteer program. To make this event enjoyable for the public, we will be doing training. This training is to help you become familiar and comfortable with your role for the evening and able to assist the public. The training will include: logistics of the area, what the various roles volunteers are needed to do and of course the FAQ's. Blacklights will be provided. We will meet at the Art Smith Trailhead parking lot located just past the driveway for the Visitor Center approximately 100 feet on the southwest side of Highway 74. Click here for map/UTM'S's coordinates: <u>33.66797</u>, <u>-116.40766</u>

Moon Country Loop Trail Interpretative Hike (Coachella Valley Preserve/Thousand Palms Preserve)

Note: gate is closed on Monday and Tuesday not able to access trail.

We will begin our trek at Coachella Valley Preserve hiking through the oasis along the San Andreas Fault to McCallum Pond. We will do a stopover at the pond before heading up the trail to Moon Country. The area is rich in geology and history. Along the way you may find one of several endangered species. During springtime a wide variety of wildflowers can usually be seen. This 5.0-mile hike is rated easy with an elevation gain of 250 feet. Sorry, no dogs are allowed on this trail. Bring your camera, wildflower books, picnic lunch, 2 liters of water per person. Wear closed toed hiking boots, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information call: 760-852-9984. Note: park along Thousand Palms Canyon Road near the closed parking lot for the Preserve. Click here for map/UTM coordinates: <u>33.838692, -116.307686</u>

Nature Walk at Blixseth Park (needs BLM approval) (not in CVMSHCP boundary)

Join our Friends' volunteer docents for a nature walk in Blixseth Mountain Park. The Park features both native and non-native desert landscape, walking paths and benches for observing desert vistas, plants and geography. We will share fun facts about desert flora and fauna as well as interesting information about the Native Cahuilla people. This is a leisurely ½ mile narrow walking path for persons with limited mobility. There is no elevation gain and little shade. This path is friendly to dogs on a leash. Bring 1 liter of water, a sun hat, sunscreen and wear close-toed shoes. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact Friends of the Desert Mountains 760-568-9918. Click here for map/UTM coordinates: <u>33.742715, -116.420995</u>

Oswit Canyon Hike NOT AN APPROVED TRAIL

Pacific Crest Trail - Cottonwood Canyon (Sand to Snow Monument) (allow 4 hours for this event)

This is a moderate in-out hike on the Pacific Crest Trail (PCT). High Clearance vehicles are recommended to get to the trailhead. We will hike to the Whitewater Preserve property line. Come and feel what it is like to hike a small part of the PCT. This trail is friendly to dogs on a leash. Bring 2 liters of water, snacks, wear closed-toed shoes, a sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket

reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: Exit I-10 West at exit #110. We will meet at the corner of Haugen-Lehmann Way and Tamarack Road and caravan to the trail from there. Click here for map/UTM coordinates: <u>33.925154, -116.689000</u>

Pacific Crest Trail - North Hwy 74 (needs BLM approval) (not in CVMSHCP boundary)

We will hike about 5.4 miles out and back on the legendary Pacific Crest Trail (PCT). Starting at 4,928 feet elevation at the Trailhead. The trail meanders up and down through the Garner Valley meadow area, traversing through a sea of chaparral dominated by chamise and red shanks. There are beautiful vistas of the mountains and valleys with glimpses of exposed-rock areas. For the botanically-inclined there are many surprises, as the trail travels through oak and pine forest, past boulders, and along steep cliff sides until reaching a seasonal water source about 2.7 miles. This is the turnaround-point. Elevation gain of 700-feet is tempered by the rise and fall of the trail. This trail is friendly to dogs on a leash. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: we will meet at the Pacific Crest Trail parking lot on Highway 74. Click here for map/UTM coordinates: <u>33.5639, -116.57674</u>

Pacific Crest Trail - South Hwy 74 (USFS not in any Monuments)

Starting at about 4,928 feet elevation, with a 600-foot elevation gain, this moderate 5.4-mile out-and-back trail offers scenic mountain and valley views. The trail begins at the eastern edge of Garner/Pine Valley, and traverses several distinct terrains, each with its own array of plant species while providing vistas of the Santa Rosa Reservation and of the distant Anza Borrego State Park. This trail is friendly to dogs on a leash. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: we will meet at the Pacific Crest Trail parking lot on Highway 74. Click here for map/UTM coordinates: 33.5639, -116.57674

Pacific Crest Trail - Snow Creek (approved CVMSHCP)

GEORGE's - Join a Friends' volunteer docent on a hike on the spectacular Pacific Crest Trail and learn about some of the epic resources unique to the Monument! Moderate hike through desert wash, 300-foot elevation gain, 3.0-miles round trip. Trail is of moderate difficulty. Bring 2 liters of water, snacks, wear closed-toed shoes, a sun hat and sunscreen. Sorry no dogs are allowed on this trail. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: we will meet at the PCT on Snow Creek Canyon Road off Highway 111. Do not enter the private residential area. Click here for map/UTM coordinates: <u>33.89374, -116.68297</u>

DANI's - Come out to celebrate the Monument's 23rd anniversary with a special hike led by the Monument Manager for the Santa Rosa and San Jacinto Mountains National Monument. Join us on a hike on the spectacular Pacific Crest National Scenic Trail and learn about some of the epic resources unique to the Monument! Moderate hike through desert wash, 300-foot elevation gain, 5-miles round trip. Meet at Pacific Crest Trail, about a mile south on Snow Creek Road off of Highway 111. West of Windy Point, near the Interstate 10 and Highway 111 intersection. Do not enter private residential area. Space is limited. Must RSVP by October 23rd. For more information contact the Visitor Center at 760-862-9984.

Pushwalla Palm Oasis Trail (Coachella Valley Preserve/Thousand Palms Preserve)

Hike up to Bee-Rock Mesa and follow the ridge of the uplifted earthquake fault. You will enjoy the beautiful palm oasis in Pushawalla Canyon, with its contorted cliffs, colorful terrain, quiet desert backcountry and Coachella Valley views. Hiking poles are suggested. No dogs are allowed on this trail. The distance is 4.5 miles with an elevation gain of 700 feet approximately. Hike rating is moderate to strenuous. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.835381, -116.306887</u>

Randall Henderson Trail (approved CVMSHCP)

Our Friends' volunteer docent will take you on a guided hike through the Santa Rosa & San Jacinto Mountains National Monument! You will see excellent views of the Coachella Valley and learn the history of the area. You will see many unique desert plants and learn how they survive the long hot summers. There are lizards and animals on the trail including a chance to see the endangered desert tortoises. This trail is in a sandy wash, and portions can be on narrow uneven desert terrain. We will hike all 3 loops of the trail approximately 2.5-miles round trip. The elevation gain is approximately 250 feet. This hike is considered easy. Bring 2 liters of water, snacks, wear closed-toed shoes, a sun hat and sunscreen. Sorry, no dogs allowed on this trail. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: we will meet in the Randall Henderson Trailhead parking area at the Visitor Center. Click here for map/UTM coordinates: <u>33.670193, -116.406895</u>

Rancho Mirage-Chuckwalla Trail Full Moon Hike (needs BLM approval) (not in CVMSHCP boundary)

Grab your hiking boots and join Friends of the Desert Mountains volunteer docents on a full moon hike on the lower portion of the Chuckwalla Trail. You will experience the views of our desert mountains in the amazing wash of moonlight and shadows, as well as the urban night lights of the Coachella Valley. This is a family friendly easy 2-mile hike with 350 feet of elevation gain. The trail is narrow, 2 feet wide and on cobbled desert terrain. Our astronomers will have their telescopes set up for star gazing. Bring 1 liter of water per person, headlamp or flashlight and wear close-toed shoes. No dogs allowed for this event. Check-in begins 15 minutes prior to your group departure time. Ticket is required for check-in. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. NOTE: CHECK WEATHER BEFORE DEPARTING, TELESCOPES WILL BE CANCELED FOR HEAVY CLOUD COVER, WINDS OR RAIN. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.771071, -116.448379</u>

<u>Rancho Mirage-Jackrabbit & Bighorn Overlook Trails Full Moon Hike</u> (needs BLM approval) (not in CVMSHCP boundary)

Join Friends of the Desert Mountains volunteer docents on a full moon hike on the Jackrabbit/Bighorn Overlook trail loop. You will experience the views of our desert mountains in the amazing wash of moonlight and shadows, as well as the urban night lights of the Coachella Valley. Our astronomers will have their telescopes set up for star gazing. This is a family friendly easy 1-mile hike with 200 feet of elevation gain. The trail is narrow, 2 feet wide and on cobbled desert terrain. Bring 1 liter of water per person, headlamp or flashlight and wear close-toed shoes. No dogs allowed for this event. Check-in begins 15 minutes prior to your group departure time. Ticket is required for check-in. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. NOTE: CHECK WEATHER BEFORE DEPARTING, TELESCOPES WILL BE CANCELED FOR HEAVY CLOUD COVER, WINDS OR RAIN. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.771071, -116.448379</u>

Shannon Trail (approved CVMSHCP)

Grab your hiking poles, get outdoors, and hike up the Shannon Trail with a Friends' volunteer docent. The trail follows a wash before ascending the barren hills to an overlook atop a rocky high point. Along the way you will learn about the National Monument, some of the colorful local history of Palm Springs and the Coachella Valley. This hike is rated moderate to strenuous with an elevation gain of 800 feet. The trail is well maintained. Sorry no dogs are allowed on this trail. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. We will meet at the trailhead located in the wash on South Araby Drive parking lot. Click here for map/UTM coordinates: <u>33.794641, -116.514338</u>

<u>Shiprock Historical Landmark At Chino Canyon Hike</u> property owned by City of Palm Springs since 2017, 2 historical monuments erected, identified as a public tourist site open 24/7 (NOT AN APPROVED TRAIL per Dani)

Take an easy loop walk on a bajada near Chino Canyon. This is Palm Springs newest park saved by the Friends of San Jacinto Mountains. See the rock that was used for advertising on Highway 111 near Windy Point. Bring 2 liters of water, snacks, wear closed-toed shoes, a sun hat and sunscreen. Dogs allowed on leash. RSVP is required. You must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. To get to the parking lot, do a U-Turn on Highway 111 at the Windy Point turn. Click here for map/UTM coordinates: <u>33.86954</u>, <u>-116.57736</u>

SoCal Adaptive Sports

Join SoCal Adaptive Sports and Friends of the Desert Mountains volunteer docents on a hike for persons with disabilities, their family, and friends at (name of trail). Use descriptions from this list. May need modification.

Spitler Peak Trail (USFS not in any Monuments)

The trail starts in Garner Valley's chaparral country at about 4920 feet elevation. The first mile is relatively flat with the second mile a gentle ascent. Chamise is the most common shrub in the lower chaparral region with the striking manzanita appearing a little higher. Looming above to the east is Spitler Peak, at 7440 feet. When the ascent grows too steep, we will admire Spitler Peak from the base, before turning back down the trail. This hike is easy to moderate, approximately 3.5-miles roundtrip. This trail is friendly to dogs on a leash. Bring 2 liters of water, a sun hat, sunscreen and wear close-toed shoes. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates <u>33.697826, -116.652282</u>

Star Party at the Monument (approved CVMSHCP)

Join members of the Astronomical Society of the Desert for fun "sky tours" and direct observations of the night sky through telescopes and binoculars. This is a family event. Minors must be accompanied by a parent or guardian. Sorry, no dogs are allowed for this event. For more information call 760-862-9984. RSVP required. Registration begins 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. Etiquette: please do not touch equipment unless requested. No white lights near the telescope field. NOTE: CHECK WEATHER BEFORE DEPARTING, THIS EVENT WILL BE CANCELED FOR HEAVY CLOUD COVER, WIND OR RAIN. Click here for map/UTM coordinates for the Visitor Center: <u>33.67149, -116.40839</u> Hosted by the Santa Rosa & San Jacinto Mountains National Monument Visitor Center. Co-sponsored by Friends of the Desert Mountains.

Star Party in the Mountains (approved CVMSHCP)

Join members of the Astronomical Society of the Desert for fun "sky tours" and direct observations of the night sky through telescopes and binoculars. This is a family event. Minors must be accompanied by a parent or guardian. For more information call 760-862-9984. Etiquette: please do not touch equipment unless requested. No white lights near the telescope field. NOTE: CHECK WEATHER BEFORE DEPARTING, THIS EVENT WILL BE CANCELED FOR HEAVY CLOUD COVER, WIND OR RAIN. Click here for map/UTM coordinates for the Sawmill Parking Lot: <u>33.57995, -116.45056</u> Hosted by the Santa Rosa & San Jacinto Mountains National Monument Visitor Center. Co-sponsored by Friends of the Desert Mountains.

Thielman Trail (aka: Frank Bogert Trail) (approved CVMSHCP)

Grab your hiking poles and join our Friends' volunteer docent on the Theilman Trail. This urban hike begins with a few rolling hills, a steep ascent with some switchbacks and levels out as you near the Whitehorse intersection. Once you reach the top, there are sweeping vistas of the Coachella Valley, Mount San Jacinto, the Santa Rosa mountains, and Little San Bernardino mountains. Along the way you will learn about the National Monument and some of the colorful local history of Palm Springs. This 3.5-mile hike is rated strenuous with an elevation gain of 700 feet. Sorry no dogs are allowed on this trail. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. We will meet at the trailhead located at Bogert Trail & Andreas Hills Drive. Click here for map/UTM coordinates: <u>33.765914, -116.524946</u>

Tortoise Talk & Walk (approved CVMSHCP)

The Randall Henderson Trail is habitat for our endangered desert tortoise. Meg, National Monument Park Ranger OR a Friends' volunteer docent, will lead you on this 1-mile loop hike. You will learn many interesting tidbits as you search for the tortoises on the trail. At trails end, you will have the opportunity to visit with the Visitor Center's *desert tortoise ambassador* at his burrow. The trail is in a sandy wash on uneven desert terrain and 2 feet wide. Sorry, no dogs are allowed on this trail. Bring 2 liters of water, snacks, wear closed-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. Note: we will meet at the Visitor Center. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.67149, -116.40839</u>

Use Meg's name if she is leading this event.

Tracy's Dog Walks

At Whitewater Preserve, La Quinta Cove and Gabby Hayes trails. Sponsored by the Bureau of Land Management in partnership with Friends of the Desert Mountains.

Vargas Palms Trail (approved CVMSHCP)

Hikers will journey through a variety of habitats including desert wash, sand dunes, rocky canyon, and native palm oasis. Cameras recommended for this famous view of Santa Rosa and San Jacinto Mountains National Monument. Wildlife watching opportunities and vistas are stunning! The hike to a less traveled destination is moderate with 570 feet elevation and 4.5 miles round trip. The last 500 feet to the oasis will involve scrambling around large boulders which adds to the fun. Bring snacks and 2 liters of water per person. Wear close-toed shoes, sun hat and sunscreen; recommend long pants for scrambling. Bring a small towel for possible water crossings. Sorry no dogs are allowed on this trail. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.899136</u>, <u>-116.679622</u>

Wildflower Nature Walk (approved CVMSHCP)

Enjoy learning about our desert spring wildflowers. You will walk the Randall Henderson "Wash" trail and learn how to identify the various wildflowers. Sorry no dogs are allowed on this trail. Bring 1 liter of water per person. Wear close-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Note: we will meet at the Randall Henderson parking lot. Click here for map/UTM coordinates: 33.670193, -116.406895

<mark>2023</mark> Wildflower 5k Trail Fun Run/Walk (needs edits annually)

Families and friends, come out and start your day with a 5K TRAIL FUN Run/Walk on the Randall Henderson Trail on Saturday, March 18. Registration begins at 7:30 AM, Trail Run/Walk starts at 8:00 AM. All ages are welcome! This family fun event is about experiencing nature at its best, with beautiful spring wildflowers and breathtaking views of the Santa Rosa mountains. Friends of the Desert Mountains is celebrating 35 years of conservation in the Coachella Valley and your participation will help us continue saving our desert. Sorry no dogs or strollers are allowed on the trail. Entrance fee is \$35.00 per person and includes a t-shirt. Age 12 and under, there is NO registration fee or t-shirt. Cancellation policy: notice must be received by March 11th for refund. RSVP required. Online sign-ups end at 12:00 PM on Friday, March 17, 2023. For more information call: 760-568-9918. Note: we will meet at the Randall Henderson Trailhead. Click here for map/UTM coordinates: <u>33.670193, -116.406895</u>

Willis Palms Oasis Trail (Coachella Valley Preserve/Thousand Palms Preserve)

This oasis sits on the San Andreas fault and has water flowing in it all year. In 2010, a fire nearly destroyed the oasis. These palms are home to the Western Yellow Bat. How many palms can you count? We will hike about 2 miles with 100 feet elevation. Trail is on uneven desert terrain with some cobble on the trail. Bring snacks, 2 liters of water per person and your hiking poles. Wear close-toed shoes, sun hat and sunscreen. RSVP is required and you must bring your ticket with you for check-in 15 minutes prior to start time. Ticket reservations begin 14 days prior to the event. A suggested non-refundable donation of \$5.00 per person is appreciated and encouraged to support our volunteer programs. For more information contact the Visitor Center at 760-862-9984. Click here for map/UTM coordinates: <u>33.822404</u>, <u>-116.323454</u>

Yoga With A Ranger

Join National Monument park ranger, Meg, for an outdoor fun yoga flow for all skill levels. Connect with the landscape through a sequence of physical postures, movements, and breathing techniques that also strengthen your body and mind. Poses commonly mimic the Earth, animals, and trees. This outdoor activity is routinely performed barefoot. Bring a yoga mat or towel, water, and sunscreen. Limited to 15 participants. Reservations required and must bring your ticket with you at check-in. Reservations begin 14 days prior to the event. For more information call 760-668-2687. Click here for map/UTM coordinates for the Visitor Center: <u>33.67149</u>, -<u>116.40839</u> Sponsored by the Bureau of Land Management in partnership with Friends of the Desert Mountains.

TRAILS TO BE CONSIDERED FOR VOLUNTEERS TO DO:

Araby Trail (approved CVMSHCP)

Box Canyon Trails (BLM land, non-Monuments)

Cactus Springs Trail (approved CVMSHCP-USFS) (Same as Dolomite/Horsethief Creek need additional information in description if hiking total distance to trails end)

Cahuilla Mountain, Anza (USFS-San Bernardino National Forest)

Cathedral Canyon Trail to AST (approved CVMSHCP)

Deer Springs Trail (USFS-San Bernardino National Forest)

Devil's Slide Trail (USFS-San Bernardino National Forest)

Eagle Canyon Trail (approved CVMSHCP)

Fobes Trail to PCT (needs BLM approval) (not in CVMSHCP boundary)

Hopalong Trail from AST (approved CVMSHCP)

Ladders Canyon & Painted Canyon (BLM land, non-Monuments)

Magnesia Canyon (Oct-Nov-Dec) (approved CVMSHCP)

McManus Trail (approved CVMSHCP)

<u>Omstott-Pinyon Flats Hike</u> (USFS approved trail but not approved CVMSHCP)

Palm Canyon Trail, Hwy 74 (approved CVMSHCP-USFS)

Potrero Canyon, Pinyon Flats (approved CVMSHCP-USFS)

Ramona Trail (USFS land, non-Monuments)

Sheep Hole Oasis to Hidden Springs Oasis (BLM land, non-Monuments)

<u>South Ridge Trail</u> (USFS-San Bernardino National Forest)